

*Icebreaker: Play “telephone”.*

**#TargetPractice: How can God’s Word be like a sword?**

[The Sword of the Spirit | A Sunday School lesson about the Armor of God for kids](#)

- NOT to physically hit someone with it
- NOT to attack and turn it against people (not fighting against others...but spiritual battles)
  - Have you ever heard “sticks and stones can break my bones but words will never hurt me”? Do you think this is true?
  - Words really can hurt. Have you ever had someone say something that has hurt you?
    - We should watch what we say to others to avoid hurting them unnecessarily.
    - We should definitely NOT use God’s Word in a way that purposely hurts someone without trying to help them. (
      - Attitude and motive makes huge difference
      - God’s Word is intended to provide truth in order to change us and make us better
- Use the Word to attack the lies Satan tells to us. (you’re not good enough..)
- In love, work with someone who is needing encouragement.
  - Have you ever had someone say something that made you feel better?
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- Should train (read, learn how to use it, memorize) with the Bible just like a soldier trains with weapons
- Training helps us recognize lies with bits of truth (

Words can change how you feel about a situation, someone, or yourself in an instant...whether good or bad. We need to be careful how we use our words in our day to day lives.

We need to read and understand the whole of God’s Word so we can recognize any lies meant to lead us the wrong way. We can also use God’s Word to help ourselves as well as others.